

A tropical beach scene with white sand, turquoise water, and a white umbrella with blue lounge chairs. The scene is framed by green foliage in the foreground and a clear blue sky above. The text "AMANPULO" is centered in the upper half of the image.

AMANPULO

June 2021

ĀMAN



Dear Travel Partner,

Warm greetings from Amanpulo.

Between the constant need to evaluate the past and prepare for the future, it is easy to lose our hold on the present, to lose ourselves in the now. Living life to the full is indeed a delicate balance, and a momentary escape to pause and reflect is sometimes necessary to renew strength and wellbeing.

In nature, we find solace to discover our purpose once more. A haven of serenity, Amanpulo combines the elements of a breathtaking landscape and the focus on wellness to provide weary souls with the perfect setting to reconnect with nature. Away from the noise of everyday life, the gentle breeze whispers what needs to be heard, and helps one regain balance in body, mind and spirit.

We share with you new highlights in our wellness collection, from bespoke journeys to fitness challenges, to healing treatments and inspired cuisine, and opportunities to bring peaceful Amanpulo experiences back home.

Enjoy the read.

Sincerely,

A handwritten signature in black ink, appearing to read 'Audeline Witjaksono'. The signature is fluid and stylized, with a long horizontal line extending from the end.

Audeline Witjaksono
General Manager



DOMESTIC CHARTER FLIGHTS

Accessible via private plane, Amanpulo is a secluded island that delivers the promise of a true hideaway in castaway paradise. Upon touchdown on the Amanpulo airport, club cars are ready to take guests straight to their Villas and Casitas, their homes away from home.

Regular scheduled flights take-off two times a day from Manila and return. For guests coming from other parts of the Philippines, the same comfort and convenience of a private direct flight to Amanpulo is available to them via domestic private charter flights.

Amanpulo's airline partner can service flights from the airports of El Nido, Caticlan, Puerto Princesa, Clark, Cebu, and Busuanga, for inter-island travel bespoke to the guest's personalised itineraries, and in keeping with the resort's stringent health and safety standards.



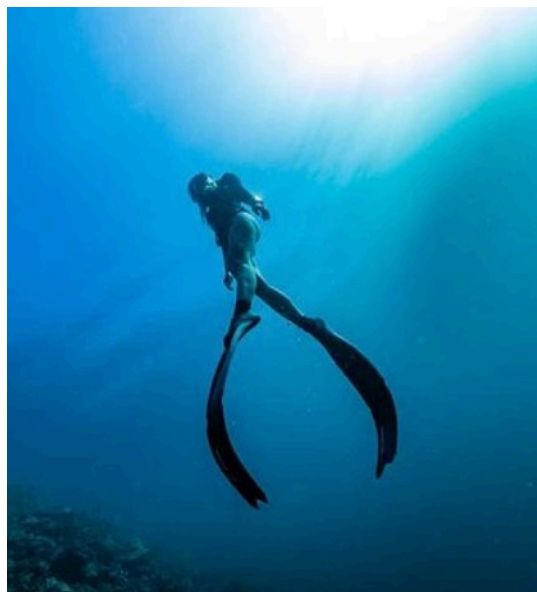
To learn more about private charters to Amanpulo, please contact the Reservations Team by phone (632) 7976 5200 or email amanpulores@aman.com.



EXTREME WATER SPORTS RETREAT

From adventures on shore, over the water and into the deep, Amanpulo curates a four-day, three-night Extreme Water Sports Retreat. Designed to test the limits of one's mental and physical stamina whilst embracing the healing qualities of nature, the retreat aims to build confidence, endurance and core strength.

The first two days of the fitness programme include scuba diving, kitesurfing and freediving, all under the guidance of specialists who will tailor the challenge to fit the guest's skill level. Yin yoga sessions amidst the Pamalican sunset concludes both days. The third day takes participants to the nearby Manamoc Island, with a five-kilometre hike of Mount English up to an altitude of 219 metres, followed by a water pedal board challenge around the island. In the afternoon, the challenge continues in Amanpulo's Jungle Run, an outdoor fitness trail comprised of 13 obstacles. The day comes to a close with a Holistic Massage at the Aman Spa. As a finale to the extreme retreat, a sunrise core flow vinyasa yoga prepares guests for the off-shore, open water 5.5-kilometre swim to Manamoc Island, where the local community celebrates their triumph at the finish line. To learn more about Aman's Extreme Sports Retreats in breathtaking locations around the world, and to see Amanpulo's Retreat Programme this 3-6, 10-13, and 17-20 December, please click on [Aman Extreme Sports Retreats](#).





INNER BALANCE BY AMAN SPA'S SPECIALIST DAHLIA

For Wellness Specialist Dahlia Pilien, her personalised Inner Balance Massage begins even before she meets her guest at the Aman Spa. A highly-trained neuromuscular therapist, she gained her knowledge on trigger point myotherapy over a span of 15 years working in Aman Spas based in the Americas.

On her approach to wellness, "For me, restoring balance is more than just physical healing, it is in connecting with the person's emotions." She adds, "In my treatments, there is an exchange of energy, and healing begins when I am able to draw out negativity

and introduce positive energy." Her background on healing energy therapy, Reiki, allows her to provide deep therapeutic relief that beyond alleviating chronic pains, calms anxiety and distress. Before every treatment, she begins with preparing herself first through meditation. Moments before she meets her guest, she sets her intentions to be able to impart love, peace, and healing. Dahlia personalises the Inner Balance Massage based on her initial consultation and takes direction from the exchange of energy. "I am most fulfilled at the end of the treatment when my guest feel overwhelmed with joy and relief - physically, emotionally, and mentally," Dahlia shares. As a wellness specialist, she values the opportunity to bring healing to those who choose to surrender themselves to her care.



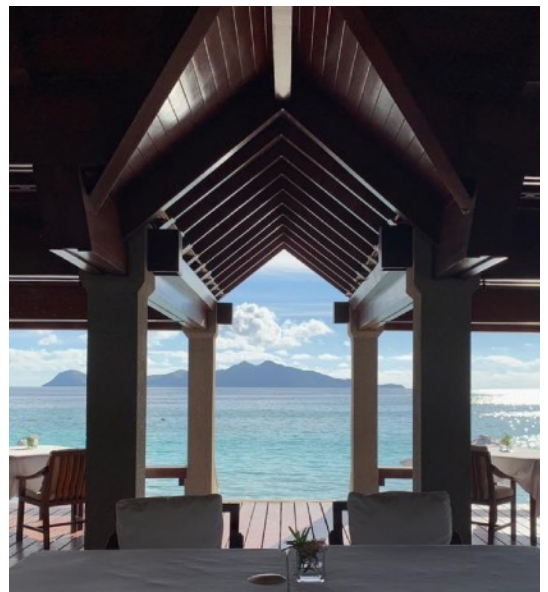


NEW FLAVOURS AT THE BEACHCLUB

Set on Amanpulo's white sand beach, the Beachclub is designed to complement a full day of enjoying the sea. Whether for early breakfast before an excursion, or a hearty lunch after snorkelling in the house reef, or a celebratory dinner of the day's fresh catch, the Beachclub is an instinctive choice.

Executive Chef Michele Bellotto introduces new flavours to the Beachclub menu this month. Staying true to the restaurant's signature culinary experience, the menu highlights the use of fresh ingredients to create delicious and uncomplicated flavours that take inspiration from convivial Mediterranean cuisine.

Among the many stunning starters on the menu, Chef Bellotto's favourites are the *Zupetta di Ceci*, rich chickpea cream soup with sautéed calamari and local farm-grown oregano, and the *Polpo in Inslata*, octopus salad with celery, olive powder, pachino tomato petals and citronette. For *primi*, the *Tagliolini e Vongole*, fresh squid ink pasta with local nylon clams and *daterrini*, must not be missed. The beautiful *Iberico*, pork *milanese* served with flavourful Italian *agrodolce* sauce, and the exquisite *Tonno Rosso* or red tuna, served with *caponata* and herbed crumbs, are the Chef's recommendations for the mains. Enjoy a glimpse of Beachclub dining by viewing its new [menu](#).





IN-CASITA SHOPPING

Bringing Amanpulo's Boutique closer to guests, visuals of the items in the shop are now part of the online Guest Services Directory accessible through QR code displayed in the Casitas.

In the comfort of their Casitas, guests may browse Amanpulo's collection of Aman Skincare, Fragrances, and Candles as they please. This month, beautiful pieces from the new Aman Jewellery collection are available for purchase. In-Casita Shopping also takes guests to the Aman Shop website through a link on the page.



For guests in search of other souvenirs to take home, In-Casita Shopping features coffee table books, local handicrafts, Amanpulo's very own Farm Gin and the resort's line of chocolates inspired by Filipino flavours. The Boutique staff are on-hand to assist guests with their inquiries on the products, and are able to make their recommendations and take special requests through phone, should the guest wish for minimised contact.

In-Casita Shopping is a new service in Amanpulo that allows guests to take home a piece of their Amanpulo experience, and continue their holistic journey to peace and wellness long after their stay.

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COVID-19 UPDATE



Amanpulo is certified compliant with the Aman Covid-19 Safety Assessment in partnership with SGS, and is pleased to earn the Sharecare VERIFIED™ with Forbes Travel Guide verification that covers over 360 global health security standards.

General Community Quarantine is in effect in over NCR Plus, which covers Metro Manila and surrounding areas, until 15 June 2021. Leisure travel now permitted from NCR Plus to Modified General Community Quarantine areas, so long as travel is point-to-point only to the travel destination. Palawan remains categorised under a more relaxed Modified General Community Quarantine. Amanpulo has resumed the operations of its regular flights from Manila.

Filipino citizens, Filipino 'balikbayans' and select foreign nationals with valid and existing visas are allowed to enter the Philippines. For the Bureau of Immigration Guide to Travel Restrictions, click: [BOI Travel Advisory](#). All incoming passengers must follow the required health protocols.

Should you wish to begin planning for future travels, please do not hesitate to reach out to us and we will be more than happy to assist.

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