

# AMANPULO

January 2021

AMAN



Dear Travel Partner,

Greetings from Amanpulo.

Our radiant seas and gleaming shores reflect the positive energy of the new year. As we make our way into 2021, let us keep our minds and hearts open to fresh starts and new opportunities.

Taking inspiration from the kitesurfing season here on the island, we set our sails towards the winds of change, and trust that it may take us to new heights. Though uncertainties remain in our midst, we take control of what we can, by keeping our focus on the horizon of hope and triumph.

Our first issue is devoted to refreshing ideas and new offerings, to renewal and rehabilitation for 2021 is ours to conquer. We invite you to join us once more to experience Amanpulo within these pages that do the traveling across the miles for you, for now.

Enjoy the read.

Sincerely,

A handwritten signature in black ink, appearing to read "Audeline Witjaksono".

Audeline Witjaksono  
General Manager



## GENERATIONS WITH AMANPULO

Blissfully marooned in peaceful waters, the private island of Amanpulo promises a serene hideaway for families who seek to surrender to nature's calm. In castaway paradise that feels a world away from anywhere, time is savoured in enriching experiences that appeal to guests of all ages, offering multi-generation travellers with a plethora of activities to enjoy during their holiday.

Morning walks in the sandbar of the island's southern tip offer a refreshing start of the day. Nature walks in the island's verdant forest, or a visit to the organic garden and bee farm that conclude with a tree planting activity are just some of the exciting experiences on land. Private boat cruises with a seasoned guide allow families to explore the seas at their own pace. And when the sun dips into the horizon, nothing is more magical than toes-in-sand dining experience in an exclusive beach barbecue set right on the pristine shore.

Bespoke itineraries may be arranged by the resort's experiences team.



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## CORAL REHABILITATION

The Philippine reefs have experienced tremendous coral loss over the last few decades. According to available data, 40% of the total reef area has poor coral cover, with less than 1% regarded to have excellent coral cover. Reef restoration is essential in order to rehabilitate damaged habitats to conserve marine diversity and the productivity of these ecosystems.

Amanpulo's resident marine biologist Irene Meca leads coral gardening activities in Amanpulo, offering opportunities for guests to take part in this endeavour. 'Corals of opportunity', or fragmented corals caused by storms or sea creatures, are propagated then replanted and cultivated underwater. Through coral gardening, the reefs of Pamalican Island are given the chance to recover from damage caused by crown-of-thorns seastar infestation, climate change and ocean acidification. Proceeds from Irene's accompanied water activities contribute to the Amanpulo Marine Conservation Program.





## HOLISTIC RENEWAL

The renewal of balance in body and mind begins with the easing of tension and the release of blocked energy. By fusing neuromuscular, deep tissue, myofascial, craniosacral and trigger points therapy, highly-trained neuromuscular therapist and body worker Dahlia Pilien shares her gift of healing as the newest resident specialist of the Aman Spa.

Dahlia connects with guests in thorough consultations that aid her in designing customised treatments specific to guest's needs. After identifying specific areas of concern, Dahlia incorporates different techniques in stimulating the clearing of trauma, both physical and emotional, held in the muscles and connective tissues. She guides guests in a holistic approach to wellness, "Our being is tied together physically, mentally, emotionally and spiritually," Dahlia adds. With over 15 years of experience, and 12 years working in different Aman Spas based in the Americas, her deep understanding of individualised wellness allows her to guide guests in enhancing movement and function in the body and mind.



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## FRESH CULINARY FUSION

A fresh addition to Amanpulo's culinary team is Executive Sous Chef Ivo Rodrigues. Chef Ivo's culinary journey encompasses working in nine different countries in Europe, Middle East and Africa; including Michelin-starred restaurants, Thornton's Restaurant in Dublin, Ireland and Grand Hotel du Lac in Vevey, Switzerland. Specialising in fusion cuisine, Chef Ivo devotes time researching local produce and cuisine, blending this with his own knowledge and style, to create unique dining experiences that are a refreshing mix of different cultures.



Hailing from Portugal, one of his favourite dishes to serve is the *cataplana de marisco*, a traditional Portuguese seafood and shellfish stew of lobsters, mussels, clams, tiger prawns, squid, monkfish, and seabream, seasoned with the flavour of fresh coriander.

In creating culinary masterpieces, Chef Ivo pursues supporting the community by choosing to use fresh local products, and imparting his knowledge and skill to young chefs in his kitchen.

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## AMANPULO PURE STILL WATER

Purified, alkaline drinking water, filtered and bottled right on the island, is now being served in all the restaurants of Amanpulo. The resort's filtration and bottling plant has successfully started its operations, and in the succeeding phases will fulfil the drinking water requirements of guests in Casitas and Villas, and team members in various areas of the resort.

Using the latest technology, desalinated seawater passes a reverse osmosis filtration system that includes nine stages of purification. The purified water is then bottled in reusable glass bottles after sterilisation to ensure safety.

The project strengthens Amanpulo's commitment to sustainability in minimizing its carbon footprint by reducing the use of single-use plastic bottles.

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## COVID-19 UPDATE

General community quarantine continues to be in effect in Metro Manila until 31 January 2021. International inbound flights are restricted to essential travel for select countries. as the Philippine government has expands travel bans to 19 countries including the United Kingdom amid news of the new Covid-19 variant, effective until 15 January 2021. For more information, please click on this link for the latest news: [International Travel Ban](#).

Amanpulo operates daily domestic flights as inter-island domestic leisure travel is allowed in the Philippines. To learn more about Amanpulo's health and safety guidelines, please click on this link: [Amanpulo and Your Wellbeing](#).

Should you wish to begin planning for future travels, please do not hesitate to reach out to us and we will be more than happy to assist.

## CONTACT

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